

## **WEST BYFLEET NFANT SCHOOL**

### **WHOLE SCHOOL FOOD POLICY Updated May 2012**

The Staff and Governors of West Byfleet Infant School actively support healthy eating and drinking throughout the school day. They wish to demonstrate that all aspects of food and nutrition in the school promotes the health and well –being of pupils, staff and other stakeholders; and that they share a common vision of the status and role of all aspects of food within the school.

#### **Aims:**

- To develop a coherent approach to healthy eating activities in the school.
- To increase the availability of healthier food options
- To ensure equality of access to all
- To establish effective working partnerships, working towards a common goal e.g. school caterer, teacher, parent
- To reinforce appropriate health messages relating to food and drink

#### **Procedures:**

We will:

1. Include food and drink in the curriculum e.g. Science, D/T, P.S.H.E, Golden Time
2. Participate in national events and initiatives e.g. School Fruit and Vegetable Scheme; Healthy Schools, subsidised school milk scheme
3. Provide and promote healthy food and drink choices e.g. at school events; school lunch
4. Provide a clean eating environment at school in which to consume food and drink
5. Provide a pleasant, enjoyable dining experience for pupils and staff
6. Encourage and promote healthy contents for lunch boxes
7. Provide healthy options as snacks in our Wingbats after school club
8. Provide sufficient drinking fountains and encourage the use of water bottles in all classes, to further promote the health and well–being of the children
9. Provide a cold water dispenser in the staffroom and school office to promote the health and well-being of the staff
10. Work with the caterer to trial healthy eating options
11. Write and distribute a Healthy Schools Information Booklet to encourage parent participation in the scheme

#### **Review and Evaluation.**

This policy was drawn up following consultation with all staff and governors. It will be monitored for effectiveness and updated in the light of experience regularly.

